17 September 2014

Weekly Newsletter



Be the Best that You can Be

From the Headmistress

Dear Parents

Last Friday, the Grade 5 & 6 campers returned from their campsite, Camp Nelu. This Adventure Centre camp is situated in the Zwartkloof area, in Limpopo, where the temperatures soared to 35 degrees during the day and 25 degrees at night. Emotions were at a high, as the campers left Cedarwood on Wednesday morning.

At Camp Nelu, the hospitality staff went out of their way to ensure that all visitors experienced a memorable stay. Children were hosted and guided by a team of experienced and professional camp counsellors. Their passion for the outdoor environment and their enthusiasm for their work were infectious, and campers found them to be, not only knowledgeable, but also gracious hosts.

The camp programme was jam-packed and included a variety of enjoyable activities. On their arrival, the children were warmly greeted by five friendly camp counsellors and the kids were placed into groups. They were supported by their respective counsellors to create tribal names, chants and flags.

Both grades loved the drumming activities and also the archery which followed. The Grade 6's participated in water ecology (in the man-made dam), whilst the Grade 5's experienced the low-rope activity (in the surrounding open veld).

The second day was just as exciting as the first, with a variety of activities like; outdoor cooking, obstacle courses and, of course, deserved relaxation in the sparkling blue pool.

For their evenings, the children were led by the camp counsellors on the first night, while the second night, an exciting camping extravaganza took place.

The children were woken up to the latest beats and danced to get their blood and spirit pumping. The energy of the camp counsellors was easily transferred to the children, as the children enthusiastically moved from one activity to the next.

But, without a doubt, unmistakably the most breath-taking event of all was the baby rhinoceros interaction—the 4km hike taken to get there was well worth it. These 2 rhino (both less than a year old) were on the campsite living at the rehabilitation centre. Unfortunately, their mother had been poached just a few months ago. The children and the teachers were in awe to actually get a close up glimpse of what fewer humans currently will have the opportunity to witness. The children were even allowed to touch and admire these endangered species and were humbled by their beauty.

It was truly a camp to remember and I am sure Cedarwood will be back next year for more fun and entertainment.

Warm regards
Shannon Jacobs

Cedarwood congratulates our MERIT recipients

Grade R The Whole Class Grade 1F Reatlegile Ditshoene **Brandon Sachs** Grade 1W Robbie van Heerden Daniel Trapani Grade 2A Sizwe Hanival Giah Naidoo Grade 2B Hadeyah Khan Christopher Brits Grade 3H Declan Kennedy Ian Mostert Grade 3P Amukelani Mathe Mahlatse Moloto Grade 4L The Whole Class Grade 4R **Bradley Perrins** Jesse Newman Grade 5B The Whole Class Grade 5D The Whole Class Grade 6A The Whole Class

Mrs Alexander would like all the 2013 trophies to be returned as soon as possible.

The Whole Class

Grade 6J

Thank you

to the time.



PRINCIPAL AWARDS

Congratulations to *Jabulani Mutua* on receiving the *Principal's Courtesy Award* and *Takara McGee* on receiving the *Principal's Appearance Award*.

From the Sports Desk

As we return to the new term, we are made aware of the speed at which time flies. We are reminded of how quickly it flies past us and then we remember that we need to spend as much time with out loved ones and appreciate what little time we have with them.

Last week was a very quiet week at Cedarwood owing to the Grades 5 and 6 being on camp. It was, however, not good for sport as it got off to a shaky start. We did, however, start with the sports for the week and we had a number of pupils that were present, which is quite commendable. This week we will need to move into full swing as we prepare for the start our fixtures. A reminder that pupils need to be in sports attire to participate in extra murals. It is not only mandatory, as it is part of school uniform, but in addition to looking 'professional', pupils are more comfortable doing sports in the right attire. Please make an attempt to remind our champions to pack their kit on days they have extra murals, matches or PE lessons. Coming to sports lessons, please note that it is also important for the sports uniforms to worn as it provides a change of clothes after the sweaty PE lessons, in addition to the comfort of working in appropriate attire. As far as swimming lessons are concerned, these will only start after the mid term break, that is, in October. This will enable us

to conduct mandatory PE lessons and assessments which

You will be furnished with the necessary information closer

will form part of the child's report at the end of the year.

Oliver Ngwenya



ASSEMBLY NEWS

Thank you to Grade R for their lovely assembly on 'Spring'. Our next assembly, on the 22nd



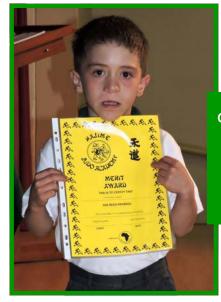
September, will be presented by Grade 3H. All parents and visitors are welcome to attend. Assembly begins at 07h30. We look forward to seeing you there.



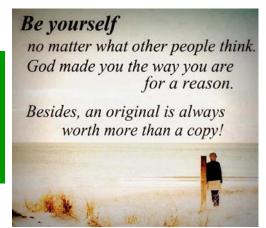
Congratulations to Inge Muller who competed in two showjumping shows receiving a clear round and a 3rd place—Well Done!



Congratulations to Jabulani Musau who spoke before an audience of over 200 adults at Emperors Palace, Midrand. He talked about his school and five things about himself on an international stage—Well Done!



Congratulations to Keagan Smit who received his yellow belt and three orange stripes in Judo— Well Done!



Roll of Honour

For the next two weeks, Cedarwood will focus on the two following behaviours for our Roll of Honour:

Walk while on the corridors—running is for the grass;
Wear the correct, full school uniform, even after sport, when leaving school.

The PTA Corner



Uniform Shop

Our uniform shop is open on Thursday mornings from 7.15am to 8am, or by appointment at the below contact info.

If you have any winter uniforms from last term that don't fit your child any more, please consider donating them to us. We are then happy to give you a discount on any items you purchase from us.

PTA Meeting

We have a PTA meeting at 7.30am on Friday the 19th of September 2014 – we'd love you to join us if you can!



Have a wonderful week,

The PTA team

laraweissenberger@yahoo.com or 072-122-6049

Bits and Bobs...

Terms notice:

If your child will be leaving Cedarwood school at the end of 2014 please be reminded that a full terms notice is required. Kindly email or provide written notification this week or be liable for a full terms fees in January 2015.

School fees:

A reminder that school fees are payable in advance on the 1st of each month. (1st Jan -1st Nov). Please remember to use the correct reference when making payment.

We regret to inform that unless payment is made timeously, interest will be levied and ultimately steps will be taken to enforce suspension.

At the end of the year, all unpaid accounts will be subjected to signing acknowledgement of debt and 2015 placement will be jeopardised.

The cost of R150.00 for the 2014 yearbook has been added to the October fees.



Mark Your Calendar

Friday, 19 September PTA Meeting @ 07h30

Monday, 22 September
Assembly: 3H

Tuesday, 23 September

College Close for holidays

Wednesday, 24 September
Public Holiday—Heritage Day

Monday, 29 September
Assembly: 3P

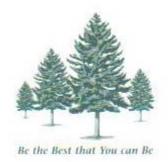
Cedarwood Classifieds

Tired of the clutter in your house—those things that may be worth something to someone else and you could use the extra cash? Looking for something, but can't find it? Perhaps a short piece about your small (or larger) business might get you that extra clientele. Why not advertise in the Cedarwood Classifieds! It's cheap, easy and well distributed on a monthly basis. Simply contact Mrs Schmitz on dschmitz@cedarwoodschool.co.za for more information. Our next issue will be distributed on Wednesday, 1 October, so don't delay, get your info through today!

Have you made your mark yet?

Page sponsorships are now open for the 2014 Cedarwood Year Book. Make your mark and sponsor a page today! Kindly complete the tear off slip below, place it into an envelope with your R100, clearly marked for the attention of 'Mrs Schmitz—Magazine Sponsorship' and hand it in to your class teacher.

2014 Cedarwood Year Book		
Yes please, I would love to sponsor a page in the 2014 Cedary	wood Year Book for only R100.	
Child's Name:	Class:	
This page is proudly sponsored by		
Signature: I	Date:	



Cedarwood Preparatory School

113 Dunmaglass Road, Glenferness P O Box 812, Witkoppen, 2068 Telephone: (011) 465-9830 / (011) 467-4657 Fax: 011 467 5926 / 086 275 0786 E-mail: principal@cedarwoodschool.co.za admin@cedarwoodschool.co.za www.cedarwoodschool.co.za

15 September 2014

Dear Parents

It is almost the end of the year and a time to think of the children and the elderly that will spend the December holidays with very little. This is where we can help by making up Love Boxes that will be distributed to Sumsaren Children's home and Old Age home.

Please refer to the Cedarwood website for examples of the items that the Love Box(es) **must** contain, this will help gauge the cost of each box.

You will receive a specific check list as some details about the person you will be making the Love box for, when you return this tear off slip.

The Love Boxes need to be brought to school by the 19th November.

Please ensure that the items are new and not used or second hand.

Gift tag/s and a checklist will only be issued once your tear off slip is returned to Miss Kim Bristow.

We greatly appreciate all your support.

Many Thanks

Childs Name:	Grade:
I am willing to complete a Love Box	Yes No
I am willing to complete (number) Love Bo	oxes.
Please return this by Wednesday 29 September, so Love Boxes.	we can issue gift tags for the

Grade 5 & 6 Camp



Dear friends

Shumbashaba is a very special place to my family. Sharon Boyce, her team and horses at Shumbashaba have made an enormous difference to my daughter, Kim's, development – she has been riding there since she was 3. In recent years, Janine (my wife) has also become very involved in the fantastic community outreach work they do there.

In addition to providing equine therapy to the local homes for mentally and physically handicapped people, Shumbashaba is providing life skills courses for children in Diepsloot (which is close by). These children have found refuge in the equine environment and the results have been phenomenal. Recently, school teachers at one of the Diepsloot schools came to see Sharon – they wanted to find out why previously disruptive teenage boys in their classes were showing respect and diligence after spending time at Shumbashaba.

The musicians who are performing in the concert are giving their time and talent; and the outdoor music experience should be very good.

If you can, bring your picnic blanket, a picnic basket, friends and family and join us for what will be a fantastic afternoon outdoors.

All the best Duncan Turner

PS. If you can't make it but want to make a contribution, the website www.shumbashaba.co.za has a link which allows donations to be made on-line.

Ticket purchasing options:

A) Credit card payment via Payfast

Step 1: Calculate the total payable for yourself or your group.

Step 2: Click on the following link https://

www.payfast.co.za/donate/go/

<u>shumbashabacommunitytrust</u> which will take you through to our secure Payfast page.

Step 3: In the MAKE A DONATION box, fill in the Own Amount section for the total payable and click

Donate. (This will be treated as a payment for the event tickets and not as a donation)

Step 4: Enter your E-mail address and click Continue.

Step 5: Enter your name and surname and click Continue.

Step 6: Click on the Credit Card option (Master and Visa).

Step 7: Complete your information and click Pay.

B) EFT or cash deposits

Step 1: Calculate the total payable for yourself or your group.

Step 2: Make payment to our bank account.

Acc Name: SHUMBASHABA COMMUNITY TRUST

Bank: FNB

Branch: Killarney Mall Branch Code: 256205 Acc Number: 624 1810 9262

Step 3: Use MITF followed by your cell number as

the reference e.g. (MITF0825554444).

Step 4: Ensure proof of payment is E-mailed to

events@shumbashaba.co.za



ARE YOUR KIDS HAVIN **CONCENTRATION PROBLEMS AT SCHOOL?**

Why don't you have your child try some of our Royal Jelly, it may just help?



Here are some MORE great products that will help keep your kids in optimal health and help them to concentrate better

Forever Arctic Sea. (Omega 3)

These soft gel capsules are essential for good development of brain functions, and can help to boost memory fuctions.

Arctic Sea has also been found to be beneficial with many ADHD, and Autistic children.

Arctic Sea, is a combination of Super Omega-3 Natural Fish & Calamari Oils combined with Olive Oil.

The DHA in our Omega ensures that the cells in the brain, retina, heart and other parts of the nervous system develop and function properly throughout all stages of life.

And for the kids who don't eat all the Provides growing kids ages two fruit and veggies that they should..... Try some of these!!

Forever kids chewab

> Independent distributer FOREVER LIVING PRODUCTS

> > Carlie—Grade R 083-677-8077



and older with the vital vitamins, minerals and phytonutrients needed. Phytonutrients-are plant nutrients found in vegetables and fruits.

Formulated without sugar, aspartame, artificial colours or preservatives, the phytonutrient base is taken from foods such as carrots, acerola, broccoli, spinach, cabbage, apples, cranberries, tomatoes and citrus

Contains Iron for immune support and cognitive