19 November 2014

# **Weekly Newsletter**



Be the Best that You can Be

#### From the Headmistress

Dear Parents

It is hard to believe that we only have two weeks of school left! Whilst it is extremely busy, it is my favourite time of the year to be at school. The end of the year has an excitement and energy (some might call it madness!) not felt at any other time of the year. The Grade six's enjoyed a magnificent leaver's dinner last Friday evening, and we look forward to their final assembly next week. Our sports award's assembly was enjoyed by all as we celebrated just how far the sporting programme has come over the years under the excellent guidance of Coach Oliver Ngwenya. We still have our inter-house gala to enjoy tomorrow; I hope to see you all there!

Cedarwood has a tradition of celebrating the end of the year with a Christmas themed morning which will take place next Friday 28th November, at 7.30am. It is linked into our community service 'love box' initiative, whereby we hand over all the love boxes that the Cedarwood family have made, to Sunsarem children's and old age home. This will be followed by the foundation phase Market Day. The little ones have all been hard at work making crafts and arranging their stalls, so please come along and support them. We also have a raffle for a magnificent Christmas Cake (made by Mrs Claire Wilson and iced by Mrs Shannon Jacobs). It is on display in the front foyer - tickets are R10 each. The draw will take place at the Christmas market.

In-between all these events are class pool parties, outings to the Spur and the planetarium for some classes and a trip to see 'Peter Pan', the pantomime, for the Intermediate phase.

Prize giving is our final event for the year. This takes place on break up day, 3 December. The Foundation phase (Grade R-3) begins at 8am, and this lasts about 40 minutes. The Intermediate phase (Grade 4-6) follows at 9.30am. Children may go home after their prize giving. Please note there is no aftercare available on break up day.

"Pleasure in the job puts perfection in the work" - Aristotle

God Bless

Jayne Eurelle

This wonderful Christmas Cake could be yours for only R10. Proudly baked by Mrs Wilson and iced by Mrs Jacobs, our talented chefs have produced a masterpiece.

To stand in line to win this 'artwork', please visit the front office to purchase your raffle ticket.

Draw will take place at the Foundation Phase Christmas Market on Friday, 28 November.





#### Mark Your Calendar

Wednesday, 19 November
All Love boxes to be returned

Thursday, 20 November
Inter-House Gala

Friday, 21 November
Peter Pan Pantomime - Grade 4 - 6

#### Monday, 24 November

Grade 6 Leavers Assembly Parent Conference Week

Wednesday, 26 November

All staff hamper goodies are due

Friday, 28 November
Christmas Celebration and Market Day

# The PTA Corner

#### **Grade 6 Leavers' Dinner**

What a fun evening! One of the highlights was right at the beginning of the evening, when the children entered the function room to the sound of 'Happy' by Pharrell Williams – some of the kids did a little Saturday Night Fever impersonation – it was super to watch their style and confidence! Thanks so much to Terry Lucas and Hayley Jonker for all they did to organize the evening. The décor was elegant, the atmosphere was relaxed and happy, and most important of all, the Grade 6's felt like superstars!

#### <u>Swimming Gala – 20th November</u>

The PTA will be selling our Cedarwood towels at the inter-house swimming gala on Thursday 20th November. My kids love that they can put their goggles and cap in the pocket for safe keeping, and they feel very proud to show the Cedarwood name.

#### <u>Foundation Phase Market Day – Friday 28th November</u>

PTA will be selling delicious Sloppy Joes at the Foundation Phase Market Day next Friday – don't miss out!

Have a wonderful week, The PTA team laraweissenberger@yahoo.com or 072-122-6049

A special invitation is extended to all parents to our Christmas nativity celebrations on Friday, 28 November at 07h30.

This will be followed by the handing out of our Love Boxes and then the Christmas Market.

#### From the Sports Desk

Sports Awards Assembly! For me, the most awesome thing was watching the number of parents that risked being fired from work just to come and be with their children on this momentous occasion in their sporting life at Cedarwood. Thank you very much to all the parents that came to that special day. You make Cedarwood the great place that it is.

You know that feeling you get when something heavy has been lifted off your shoulders? Well, to a certain extent, that is the kind of feeling that I have after the Sports Awards Assembly on Monday. Not because there is something I have achieved as an individual, but because I have gone past a difficult phase that I was not relishing. You see, if I had my way, I would give all the children performance certificates as well as trophies and treats. I just cannot bring myself to accept the pain that I see on the faces of those little people when they realise that they have not received anything. I am a little happier now that at least we are at a recovery phase of the process.

I hope then that the issuing out of participation certificates has, to a certain extent, alleviated the pain that they have been going through. It is so much better being a child in these instances, I have learnt.

May I bring to your attention Thursday when we will be holding our end of term Interhouse Swimming Gala? Please be reminded that children are to come to school in their sports uniform, only with their costumes underneath and with house colour t-shirts over them as well as flip flops. An attempt has been made to ensure that all pupils will be given a chance to swim. This will be based on a number of factors, among which is their performance during PE lessons in swimming, their grade level capability as well as their own swimming capability. Please come in and have fun with us. I promise you if you tell them at the gate that you know me, they will not charge you an entrance fee.

Oliver Ngwenya



The Grade 1 Veggie Garden is growing beautifully—Well done Grade 1's!

Dear Parents.

At this time of year, it is customary for us to say "Thank You" to our grounds staff, guards and cleaning staff by giving them a food hamper. We would appreciate it if you could donate a small item for the hamper. Your child's class teacher has explained to your child what item they should bring to school. Please could you send the item to school by Wednesday, 26 November.

Thank you for your support.

Please note that each child will be requested to bring only one item as stipulated by the class teacher—lists below are the total requirements from the whole class...

Grade R:

3 x Oros, 3 x fruit tins, 3 x packets of rice, 2 x Mayonnaise

Grade 1F:

4 x Oros, 4 x fruit tins, 4 x packets of rice

Grade IW:

4 x packets of rice, 4 x packets of sweets, 4 x boxes of tea

Grade 2A:

4 x oil, 4 x coffee, 3 x tea, 2 x Oros, 1 x packet rice

Grade 2B:

4 x sugar, 4 x tea, 2 x coffee, 3 x peanut butter, 1 x rice

Grade 3P:

6 x tins fruit, 7 x longlife milk, 1 x peanut butter

Grade 3H:

4 x jam, 3 x sugar, 3 x cooking oil, 5 x tins fruit

Grade 4L:

Pick 'n Pay / Woolworths / Checkers Bags (not plastic packets)

Grade 4R:

5 x Longlife milk, 6 x 2 packets jelly, 4 x carton custard

Grade 5D:

8 x 2 packets biscuits, 4 x peanut butter, 2 x Oros

Grade 5B:

7 x mayonnaise, 4 x packet chips (large), 4 x 2 packet biscuits

Grade 6A:

2 x 2L cokes, 4 x rice, 2 x jam, 4 x packet chips (large)

Grade 6J:

5 x mayonnaise, 4 x tomato sauce, 4 x 2 packets chips (Large)





We would like to encourage parents to make their 1st January school fees payments during December 2014.

Another reminder—our 2015 school fee breakdown has been emailed out and posted to our website. Please note that we have two payment options; namely monthly or annually (with a discount). Please let us know should you wish to pay your account annually.

Any unpaid accounts still outstanding by the 15 November 2014, will be subjected to signing an Acknowledgement of Debt form at the finance office.

The school follows a zero tolerance on re-enrolment of pupils should accounts remain overdue by the time school re-opens, i.e. your child's place will no longer be available if school fees are still outstanding in January 2015.

We would like to bring to your attention that if your child leaves Cedarwood for whatever reason, a FULL TERMS notice, equivalent to four months, written or emailed notification is required or be liable for a terms fees.



Cedarwood welcomes the following children who are on trial this week:

Keenan Schoeman—Gr R Emilia Monge—Gr 3

We know you will love it here!

Thank you for the wonderful response to the love boxes. Please could all love boxes to be sent to school by the end of today.

## Cedarwood Classifieds

Tired of the clutter in your house—those things that may be worth something to someone else and you could use the extra cash? Looking for something, but can't find it? Perhaps a short piece about your small (or larger) business might get you that extra clientele. Why not advertise in the Cedarwood Classifieds! It's cheap, easy and well distributed on a monthly basis. Simply contact Mrs Schmitz on dschmitz@cedarwoodschool.co.za for more information. Our last issue of 2014 will be distributed on 1 December, so

don't delay, get your info through today!

Flip Flop Gymnastics — Come along for lots of fun to learn coordination, concentration and skill. 14h00 on Tuesdays at aftercare area please contact me for further information.

Tashia Lotis 072-348-0798



As the year draws to a close, please could parents check that there are no school readers lying

around at home. All readers must please be returned by the 28th of November.

If anyone has any old calendars (any year—we are looking for the pictures) that are not needed, please could they donate them to the therapy department.

# **Waltens**

# Reminder: Waltons Back-to-School

2015 stationery order forms deadline is Monday, 24 November 2014—order box is available in the foyer for your convenience.



Thank you to our wonderful PTA for paying for the gates that have been installed outside the kitchen.



## **Cedarwood Holiday Club**



#### **Dear Parents**

This December holidays Mrs Popovich and Mr Ngwenya will be hosting a Holiday Club at Cedarwood School at the beginning of the holidays. Each day will have activities like games, art and baking.

In addition, this holiday, we will be hosting a

### Mini-coaching clinic for cricket and softball

in preparation for the summer games. So all those of you that want to make the teams next term, come and sharpen your skills in a fun and friendly environment.

Please respond if you are interested stating which club you are interested in, as the holiday club will only take place if there is a positive response of minimum of 10 children.

Dates	8 December, 2014 to 12 December, 2014	
Times	7:30 a.m. – 4:00p.m.	
Price	<b>R150</b> p/day and <b>R100</b> for a half day (7:30a.m 1:00 p.m.)	
Where	Hall	
What to bring	Packed lunch (bicycles and balls welcome)	
Dressing	Anything you can play cricket and softball in.	

Name of child) Holiday Club as follows;	Grade	will be attending Cedarwood
, 	/0.D	
Holiday Club	(8 December, 2014 to 12 Decem	nber, 2014)
	Full day	
	Half day	



# Tips for Parents to Remember during the Holidays...

# What is Positive Behaviour Intervention and Support (PBIS)?

It is proactive strategies for defining, teaching and supporting positive behaviour in order to create a positive environment.



- PBIS involves clearly defining the behaviour that you expect from your child, which can be decided as a family. It is often beneficial to think about the behaviours you would like to see but keep in mind that the rules you set must be simple and positive (i.e., instead of saying "No running", rather say, "Walk next to me when in the parking lot"). It is useful to allow your child to suggest some of the rules themselves and encourage them to phrase these positively. To help your child remember these rules you can develop a mantra (e.g., "When we are walking we are not talking").
- Deciding on the rewards and consequences that you will be using is also important. It is best for the rewards to be tailored to your child's specific likes. Some examples may include using a star chart, stickers, reward coupons, and money jars. Consequences should be designed to teach your child responsibility.
- Another important aspect of PBIS is to reinforce and re-teach the expected behaviour through, for example, role modelling or role playing this behaviour. This will require a great deal of patience as it is important to re-teach the expected behaviour for at least six months.
- It is also essential to acknowledge and reward your child when s/he does the expected behaviour, and to follow through on the decided consequences immediately after the inappropriate behaviour was used. It is best to use natural and immediate consequences, like not receiving a reward. However as not all situations lend



themselves to natural consequences you may have to devise a logical consequence that is related to the behaviour. The consequences should also be presented as a choice that your child has made, e.g., "If you choose to not tidy up your toys, you are choosing to not play with them". Keep in mind that a reward that has been earned should not be taken away, and that it is essential to follow-through on the consequences you have put in place to make them predictable.

# **Grade 6 Leavers Dinner**



# **Sports Awards Assembly**





Dear parents,

You are cordially invited to your child's

# Playball Prize giving

When: Friday 28 November 2014

Time: 12:45 - 13:30

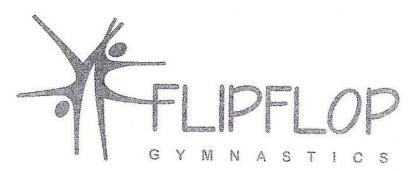
Where: Cedarwood School Field

Yours in sport

Andre and the Playball Team

Andre Delport 083 400 2931 kaplayball@mweb.co.za





Dear Parents,

As our FlipFlop camps have been such a huge success in the past and parents can't keep up to their children's pace these days, we have decided to have a 3 night camp every school holidays.

The next camp will take place from the 10<sup>th</sup> of December until the 13<sup>th</sup> of December. We will be leaving on the 10<sup>th</sup> of December at 15:00 sharp from Bishop Bavin School (St Georges Road, Bedfordview). We will be back on the 13<sup>th</sup> of December at approximately 15:00, all parents will be advised on further details via sms. The cost of this camp will be R1870.00 per person and this will include:

- Bus fare to and from our holiday venue
- Meals 3 full meals per day, including snacks along the way
- Drinks a beverage station will be setup 24hrs a day
- Accommodation 3 nights accommodation in "dorm" style suites, all linen will be provided
- Activities we will provide all necessary task equipment

ACTIVITES	LIST OF PACKING ITEMS – 3 NIGHTS	
Various activities	Bath & swimming towel	Toiletries
Treasure hunts	Mosquito Repellent	Warm rain jacket
Various competitions	Long sleeve top & long pants	Tracksuit & Pyjamas
Nature walks	Underwear & costume	Shorts & t-shirt
Camp fire tales	Takkies & slops	Socks
Baking	Hat	Torch & NO CELLPHONES
And much more	Sun block	Tuck shop money(optional)

- Fully qualified instructors who will be supervising the pupils 24hrs
- Book now: limited spaces available
- GUARANTEED FUN!!!!
- Visit our website to view more at www.flipflopgym.co.za

Payment may be made by cash, cheque, EFT or monthly instalments before departure date.

Banking details:

T. Verster (Active Savings Account)

ABSA Bank

Branch code: 632005

Account number: 9179574151

# PLEASE NOTE, THERE ARE ONLY 30 SEATS AVAILABLE ON THE BUS. PAY A 50% DEPOSIT AND SECURE YOUR BOOKING!!! (Non -Refundable)

#### BOOK NOW TO AVOID DISSAPOINTMENT!

For more info contact Tanya on 072 238 7342

I would / would not be interested in sending		(child's name) from
	(school) on the Fl	ipFlop camp.
Signed:	Date:	and the second s
Contact no:	Grade:	







In conjunction with Bona Lesedi, Diepsloot Youth Projects and Diepsloot Arsenal

Development Club.

#### The 4th Shumbashaba & Special Olympics Gauteng Unified Sports Day!

Saturday | 29<sup>th</sup> November 2014 | 9am - 3pm

Shumbashaba, Plot 112 Mnandi Road, Diepsloot

We invite you to come and see for yourself the power of sport to uplift, develop and integrate people living with and without disabilities.



The majority of participating athletes are not able to afford an entry fee or refreshments. As a result the entire day runs on the goodwill of many. Sport is increasingly being touted as a powerful and meaningful way of contributing towards socio-economic development. In addition this Unified Sports Day is unique in that it integrates athletes with and without disabilities on the playing field, and creates an opportunity for people, particularly those from Diepsloot, to access and participate in a number of different sporting codes. These include horse riding, volleyball, bocce (a Special Olympics entry level sport) and 7-aside soccer.

