

# **Cedarwood School**

113 - 117 Dunmaglass Road, Glenferness

Prep Switchboard: 011 465 9830 Emergency: 071 609 7253 College Switchboard: 011 467 4889 Emergency: 072 617 5291

www.cedarwoodschool.co.za

# Cedarwood School Based Support Team (SBST) Offering

## **Academic Support**

- Response to Intervention (RTI)
  - Scaffolded teaching in supportive small classes by the class teacher (Tier 1); Small group intervention with a learning support therapist (Tier 2); or individual intervention sessions out of the class with a learning support therapist (Tier 3)
  - Academic intervention focuses on the Core subjects of English and Maths, with an additional focus on the first additional language in the College.
  - Teachers flag pupils who need intervention to address gaps in their foundational skills. The movement between tiers of intervention is fluid and discussed in the regular meetings between academic and support staff, with the aim of reintegrating pupils back into Tier 1 support in the classroom.
- Reading intervention in the Prep School
  - Read for Africa
  - Reading Intervention Groups
- Homework support during extra murals in the Prep School
  - After School hours focused on supporting the completion of homework in small groups
- Extra lessons in the College
  - Subjects offer extra lessons before and after school on a rotational basis, which can be made compulsory by the teacher or parent if a pupil is identified as needing additional Tier 1 intervention.
  - Extra lessons occur before extra murals so as not to interfere with sporting or cultural interests.
- Individualised Education Programmes (IEPs)
  - Adapted curriculum content, which allows pupils to remain in class with peers whilst completing work and assessments from a younger grade.
- Accommodations
  - Additional support allowed in formal tests and exam settings to reduce the impact of a learning barrier. For example: Reader, Scribe, Prompter, Additional Time, Separate Venue, Spelling or Rest breaks.



- Justified internally through baseline assessments by the psychology team.
- Previous psychoeducational assessment reports are considered as evidence to support the application of accommodations.
- Applied for through the GDE/SACAI but provided by the school for formal tests or exams.

#### **Emotional Support**

- Play Therapy (Prep) with the Intern Educational Psychologists
- Individual Therapy (College)
- Trauma Debriefing and Crisis Intervention
- Bereavement Counselling
- Parent Counselling, Psychoeducation, and Support
- Staff Development and Emotional Support
- Shared Spaces Newsletters and Social Media Posts (aimed at parents, staff and the broader community)
- Social Skills Workshops:
  - New Beginnings (Foundation Phases 1-3)
  - Bullying Awareness Workshops (Foundation Phases 1-3)
  - Building Bridges Workshops (Grades 1-6)
  - Transitions Workshop (Grades 3 & 6)
  - Peer Leadership Workshop (Grade 6)
  - Growing Up Workshop (Grade 5)
  - Butterflies in my tummy for camp preparation (Grades 4-6)
- Group Therapy
  - Magic Mirrors (Low self-esteem)
  - Building Bridges (Poor Social Skills)
  - Bouncing Bunnies (Children struggling with ADHD)
  - Butterflies in my Tummy (Children presenting with worries)
  - Shining Stars (Children who are on the Autism Spectrum)

#### **Psychoeducational Assessments**

- Grade 3 Full Psychoeducational Assessment
- Grade 6 Cognitive Assessment
- Grade 9 updated Cognitive Assessment
- Baseline Scholastic Assessments (reading, writing and maths) to support the application for Accommodations (Grade 6, 7 and 8)

#### Speech Therapy, Occupational Therapy and Physiotherapy

- Speech therapy in-class language enrichment groups (Grades 1-2 & Pre-Vocational)
  - Listening Skills
  - Phonological Awareness
  - Vocabulary Enrichment
  - Reasoning and Metalinguistics
  - Social Language Skills
- Occupational therapy in-class groups (Grades 1-3 & Pre-Vocational)
  - Grade 1: Gross and fine motor / postural control / sensory stimulation group, whole class, runs for the whole year



- Grade 2: Gross and fine motor / postural control / sensory stimulation / handwriting groups, runs for the whole year
- Grade 3: Gross and fine motor / Postural control / sensory stimulation / Handwriting group, runs for the whole year
- Pre-Vocational: Postural control / sensory stimulation / executive functions

### <u>The following additional support is offered during school hours,</u> <u>but for the parent's account:</u>

- Individual Speech and Language Therapy
- Individual Occupational Therapy
- Individual Physiotherapy
- Specific Assessments outside of the assessment offering will be charged a nominal fee

Please note: The School will determine the needs of the child; who will receive one or more support explained above when enrolled at Cedarwood. Not all children require all levels of support, and the planned intervention will occur following a needs analysis.



