



# Cedarwood School

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[www.cedarwoodschool.co.za](http://www.cedarwoodschool.co.za)

## CEDARWOOD SCHOOL SPORTS POLICY

This policy must be read in conjunction with the POPIA Manual

### **Purpose of this policy**

The purpose of this policy includes

### **Background**

Sports lessons focus on Physical Development aspect of I.D.P. Physical and gross motor objectives are set for each learner.

1. Activities are graded according to the physical developmental levels of the pupils e.g.

### **Preparatory**

- Junior
- Intermediate
- Intermediate Senior

### **College**

- Senior Phase
- FET Phase

2. Input from physiotherapist to be considered regarding specific physical education objectives
3. Knowledge and management of conditions and medication is imperative.
4. All learners must participate in a sports lesson and extra mural once a week.
5. Correct appropriate sports uniforms must be worn.
6. Letters from doctors must be handed in to allow the learner to miss a lesson.
7. In reports, correct sporting comment must be used including objectives and outcomes.
8. Educator must be able to swim capably when taking a swimming lesson.
9. Sports Assistant is never allowed to take a swimming lesson on his own.
10. Participation in extra curricula sport is encouraged and re-enforced e.g. Special Olympics, Floor Hockey, Riding, Golf, Soccer, Tenpin Bowling, Athletics, Play Ball, Netball, Rugby, Basketball and Volleyball.
11. Mainstream sporting activities encouraged e.g. interschool events, club soccer.
12. Sports Co-ordinator is responsible of the organization of sports days.

### RECORD OF CHANGES

<u>Date</u>	<u>Page no, heading, brief description of changes</u>	<u>Entered by</u>
15/05/18	None	Mr Ngwenya & Mr Nyariri
18/07/18	None	P Kotze
26/09/18	Spelling, Grammar	B Nyariri
30/09/19	Spelling, Grammar	B Nyariri, O Ngwenya
11/09/20	POPIA	Management
11/09/21	None	Management
20/10/2022	Points clarification	O. Ngwenya
01/11/2022	Various updates	B. Nyariri
09/11/23	None	Management